



# PA APT News

Greetings From The President

Spring 2012

Dear PA-APT Member,

Although the signs of winter may linger, we are heading steadfastly toward the Vernal Equinox. In the Northern Hemisphere, as planet earth tilts toward the sun bringing warmer weather, Spring begins on March 20, 2012 at 7:21 p.m. EDT. We again experience equal daylight and dark.

With the advent of spring, metaphors of renewal and rebirth, of light and dark abound. Images of eggs are copious. We are reminded of the cycle of life, death, and rebirth, and once again celebrate rebirth, light, the sun.

As play therapists we are keenly aware of images and metaphors for rebirth, and work just as surely as the earth realigns its axis to the vertical, to facilitate rebirth in our clients. Believing in that potential even when our clients may see only the dark is most essential to their growth.



Images of eggs are also a metaphor for the container that play therapists provide to incubate the potential for new life.

Our PA-APT board is eagerly anticipating the growth that 2012 will bring as we look toward finding ways to realign, to incubate, to discover a new container, to re-tilt following the rotation of several long time board members. The birthing process can be arduous; nevertheless, it is a process with a certain reward.

Perhaps we can all take a moment to appreciate the wonder in the process and cycle of rebirth and to ask where we may facilitate this miracle of life. I'd love to read your thoughts about rebirth, generativity and the light that PA-APT members facilitate through their commitment to the miraculous healing power of play on our PA-APT blog! I invite you to take a moment!

Linda Naylor Dench, Ph.D.

President

## Officer Nominations

The following board members were nominated for offices at the November board meeting:

**President-Elect:** Diane Elliot McHirella, MEd, LPC

**Treasurer:** Andrew Rupert, MEd

Voting will be held at our annual conference in May. If you have additional nominees, please contact Stephanie Steigerwalt at [sgsteig@ptd.net](mailto:sgsteig@ptd.net).

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## Upcoming Trainings and Conferences around Pennsylvania and neighboring states:

You can find more information about the following trainings at the APT website ([www.a4pt.org](http://www.a4pt.org)) under "Directories" then "Find Play Therapy Training". If you know of any others, please contact the editor at [robin.kornetz-taylor@hotmail.com](mailto:robin.kornetz-taylor@hotmail.com).

### PA

Intensive Filial Therapy Training (Rise Van Fleet, RPT-S); July 17-20; Boiling Springs, PA  
(early registration extended - 27+ CEs); [www.play-therapy.com](http://www.play-therapy.com)

### NJ

Various Play Therapy topics (Heidi Kaduson, PhD, RPT-S); multiple Sundays; [www.ptti.org](http://www.ptti.org) Monroe Township, NJ

### NY

Sand Play Therapy (Jodi Weinstein Mullen, PhD, RPT-S); February 17 Syracuse, NY  
Helping the Wild Child-NY APT Conference (Paris Goodyear Brown, LCSW, RPT-S); March 9-10 Poughkeepsie, NY  
Intro Theraplay & MIM (Rand Coleman, PhD); March 13 - 16 Utica, NY  
PT Basic Training 1 & 2 (Jodi Weinstein Mullen, PhD, RPT-S); March 23 - 24 Syracuse, NY

### OH

PT & Beyond (Paul White, LCSW); March 14 & 15 Columbus (3/14) & Cincinnati (3/15), OH  
Integrating Sandtray-Worldplay Into PT Practice (Gisela De Domenico PhD, RPT-S); Columbus, OH  
OH APT Conference; April 20-21

### VA

Let's Play: ABC's of Play-based Interventions (Anne Stewart); February 24 Weyers Cave, VA  
PT with Adolescents (Sheri Mitschelen, LCSW, RPT-S); February 24 Centreville, VA

## Regional News

Pennsylvania is divided into three regions: eastern, central and western. Within these regions, chapters can form and hold regular meetings and activities. Board members serve as contacts for these regions and are listed after each section.

**Central Region:** Please contact Andrew Rupert at [arupert@sfsd.k12.pa.us](mailto:arupert@sfsd.k12.pa.us) if interested in starting up additional chapters in this region.

**Eastern Region:** Please contact Stephanie Steigerwalt at [sgsteig@ptd.net](mailto:sgsteig@ptd.net) if interested in starting up additional chapters in this region.

**Western Region:** The western region is holding a play therapy training in Pittsburgh, PA at Squirrel Hill Psychological Services on Thursday, May 31, 2012. The presenter will be Dottie Ward-Wimmer and the topic will be either Play Therapy with Children with Medical Trauma or Play Therapy with Children Experiencing Grief / Loss. More information to follow with the times and fees. PT CEUs will be provided and LCSW / LPC CEUs pending.

Please contact Diane Elliot-McHirella at [conspire01@windstream.net](mailto:conspire01@windstream.net) if interested in starting up additional chapters in this region.

### **The PA APT newsletter**

Editor: Lori A. Fedorczyk, MS, LPC

**Publication Policies:** The newsletter is published by the Pennsylvania Association for Play Therapy, a state branch of the Association for Play Therapy, on behalf of its members. It is produced and distributed quarterly via email and first-class mail. Publication of articles and advertisements should not be construed as an endorsement of the contributors, their techniques, their viewpoints, or advertisers and their products. Opinions and views are those of their respective author(s) and do not necessarily represent the views of PA APT membership as a whole. PA APT reserves the right to reject articles or advertising for any reason and edit for clarity and space. Articles may be submitted for publication by contacting the editor. Please keep submissions to between 500 - 750 words. Advertisers may contact the editor at [eo-hainle@hotmail.com](mailto:eo-hainle@hotmail.com).

# Pennsylvania Association for Play Therapy

*Presents:*

## Play Therapy in the Aftermath of Bullying and Trauma

14<sup>th</sup> Annual Conference

**Friday, May 4, 2012 and Saturday, May 5, 2012**

DeSales University, Center Valley, PA

Join us for two days of play therapy presentations.

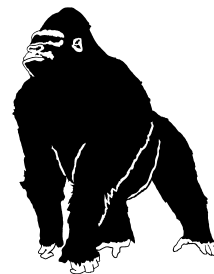
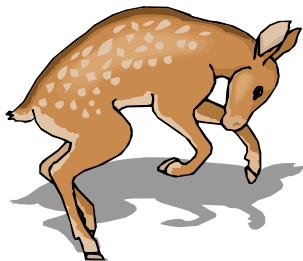
David Crenshaw, PhD, RPT-S will present our Keynote presentation on Friday entitled: "*Fawns in Gorilla Suits: Creative and Hopeful Play Therapy Interventions with Aggression in Children.*"

Additional presentations on Saturday will include the following topics: Intro to Play Therapy, Ethics, Sandtray, Divorce, Sexual Abuse and School-Based Trauma.

There will be several vendors as well as a book signing by author Dana Mansell, who wrote several books, including, "*Stop Bullying, Bobby!*"

Looking forward to seeing everyone!

Look for registration brochures in your mailbox in early March, and check our website, [www.paapt.org](http://www.paapt.org), for additional updates!



## Welcome To the Incoming Newsletter Editor



It is with a great deal of enthusiasm, optimism and spirit that I will be taking the reigns from long time PA-APT Newsletter Editor, Lori Fedorczyk. Lori has routinely delivered the happenings in the field of play therapy to those of us in the Keystone State for several years in a lively, informative, and most importantly, playful format!

While I have learned so much from Lori as she has graciously mentored me over the past year as I transition into this new role, I hope to learn even more from you as members of PA-APT.

I am asking for your help as play therapists in creating a "Fun Favorites" corner for our newsletter. What I envision is that each quarter our newsletter is sent to you, it will include fun, new, and creative stories or techniques that you have found helpful in your work as play therapists. Please submit ideas and suggestions to me at [robin.kornetz-taylor@hotmail.com](mailto:robin.kornetz-taylor@hotmail.com). I know we will learn so much from one another and wish you all a happy and playful 2012!

Robin Taylor, MS, LPC

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### Classifieds

*\$15 per ad (3 - 4 lines of type) per issue - contact the Editor at [eohainle@hotmail.com](mailto:eohainle@hotmail.com) to place an ad*

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### The Newsletter Is Now Available Via Email

Would you prefer to get the newsletter by email??? Since you received a paper copy, that means one of two things: 1. APT does not have your correct email address (and, therefore, neither does PA APT, or 2. You have decided not to provide APT with your email address and prefer communications through the US Postal Service. If you would rather get this newsletter (and updates or errata) via email, please send an email using the address you would like me to send you the e-version to: [eohainle@hotmail.com](mailto:eohainle@hotmail.com)



Lori A. Fedorczyk, MS, LPC  
PA APT Newsletter Editor