



Pennsylvania Association for Play Therapy E-Newsletter

July 1, 2020

We stand against racism, hate, and intolerance in all forms.

We stand with each other.

We will play on.

Together.

-THE ASSOCIATION FOR PLAY THERAPY



Resources for Addressing Race, Diversity, and Racism with Children

Given recent, tragic events that have continued to expose unaddressed racial bias and systemic racism across our county, the importance of creating a safe and welcoming space for all children and their families within play therapy is highlighted. Embracing diversity and finding ways to connect with all children is key to successful play therapy. Resources that you can use and share with parents, as they address recent events, race, diversity, and racism are included below.

- **PBS Talking to Young Children About Race and Racism:** <https://www.pbs.org/parents/talking-about-racism>
- **Video of Christian Robinson, author and illustrator of *You Matter*, reading the book, including an interview discussing his inspiration for writing the book and demonstrating his drawing style:** <https://youtu.be/ltOalsWXpHA>
- **National Museum of African American History & Culture—Talking about Race:** <https://nmaahc.si.edu/learn/talking-about-race>
- **American Academy of Pediatrics—Talking to Children About Racial Bias:** <https://www.healthychildren.org/English/healthy-living/emotional-wellness/Building-Resilience/Pages/Talking-to-Children-About-Racial-Bias.aspx>
- **Zero to Three Racism and Violence:** <https://www.zerotothree.org/resources/1598-racism-and-violence-using-your-power-as-a-parent-to-support-children-aged-two-to-five>
- **Carnegie Library’s “Here to Help” Booklists (K-8):** <https://www.carnegielibrary.org/kids-teens/kids-teens-booklists/here-to-help-booklists/> - Includes racial identity, as well as other topics relevant to children and bibliotherapy.

Children's Books Addressing Diversity:

- *All Are Welcome* by Alexandra Penfold
- *The Barefoot Book of Children* by Kate DePalma and Tessa Strickland
- *Last Stop on Market Street* by Matt de la Peña
- *This is How We Do It* by Matt LaMothe
- *Skin Like Mine* by Latashia M. Perry

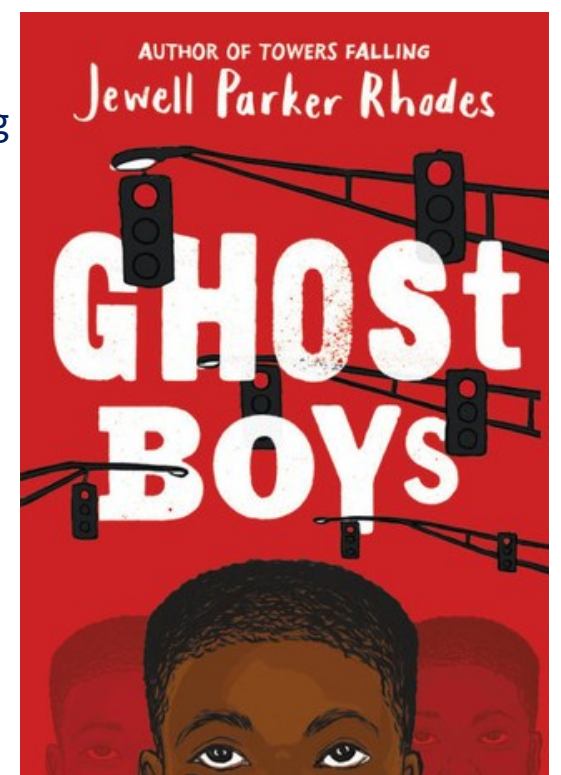
African American Identity—Preschool:

- *Big Hair, Don't Care* by Crystal Swain-Bates
- *Hip-Hop Lollipop* by Susan McElroy Montanari
- *I Am Enough* by Grace Byers
- *Don't Touch My Hair* by Sharee Miller
- *A Boy Like You* by Frank Murphy
- *Grandma's Tiny House: A Counting Story!* By JaNay Brown-Wood
- *Grandma's Purse* by Vanessa Brantley-Newton
- *The King of Kindergarten* by Derrick Barnes—first day of kindergarten
- *Max and the Tag-Along Moon* by Floyd Cooper



African American Identity—Elementary School:

- *Blended* by Sharon M. Draper—includes racial profiling by police; multi-racial identity
- *Crown: An Ode to the Fresh Cut* by Derrick Barnes
- *Garvey's Choice* by Nikki Grimes—addresses weight issues and bullying
- *Ghost Boys* by Jewell Parker Rhodes—about a black boy killed by a police officer
- *I Can Write the World* by Joshunda Sanders
- *Love Like Sky* by Leslie C. Youngblood
- *New Kid* by Jerry Craft
- *Trace* by Pat Cummings
- *The Proudest Blue: A Story of Hijab and Family* by Ibtihaj Muhammad

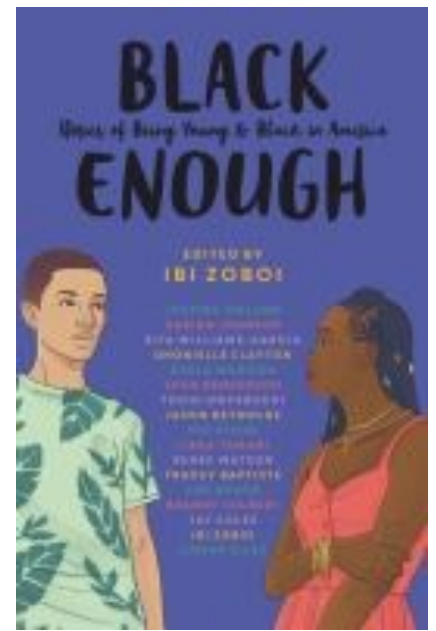


African American Identity—Middle School:

- *For Black Girls Like Me* by Mariama J. Lockington—adoption and meeting biological parent
- *Genesis Begins Again* by Alicia Williams
- *Just South of Home* by Karen Strong
- *Look Both Ways: A Tale Told in Ten Blocks*
- *The Moon Within* by Aida Salazar—multi-racial identity; indigenous culture; puberty
- *My Life as an Ice Cream Sandwich* by Ibi Aanu Zobi

African American Identity—High School:

- *Black Enough: Stories of Being Young & Black in America* edited by Ibi Zoboi
- *Home and Away* by Candice Montgomery
- *Just Mercy (Adapted for Young Adults): A True Story of the Fight for Justice* by Bryan Stevenson
- *Odd One Out* by Nic Stone—sexual identity exploration
- *Opposite of Always* by Justin A. Reynolds
- *This is Kind of an Epic Love Story* by Kacen Callender
- *Tyler Johnson was Here* by Jay Coles—black teen killed by police



Resources for the Continued Response to COVID-19

As we continue to provide the best possible services to children and their families during the pandemic, please consider the following resources related to legal and ethical practice:



- American Psychological Association’s information on emergency orders and their impact on telehealth requirements and Medicaid reimbursement: <https://www.apaservices.org/practice/clinic/covid-19-telehealth-state-summary#pennsylvania>
- *Ethical Considerations for Implementing Telemental Health in Play Therapy: A Reflective Exercise for Play Therapists Based on the Association for Play Therapy’s Best Practice Guidelines*—Dugan, Ray, and Kenney-Noziska
 - This document allows play therapists to assess how well they are able to attend to the ethical considerations of play therapy in a telehealth environment.
 - As play therapists continue to operate through modified modalities, it is particularly important to reflect on best practice and the client’s well-being.



For more information, visit:

<https://www.paapt.org/>

[PA-APT Facebook Group.](#)

Want to contribute to a future edition of the e-newsletter?

Contact Courtney Alvarez at cmalvarez@carlow.edu.