



E-NEWSLETTER

August/September 2024

Hello PA APT Members!

How is it that summer is almost over and children have returned to school?! I hope you have all found ways to relax and rejuvenate this summer. Please take some time to share with your fellow PA APT members how you spent your summer. You can do this through our Facebook page ([Pennsylvania Association for Play Therapy](#)) or tag us on Instagram ([pa_association_4_play_therapy](#)). We would love to learn more about you and how you spend your time off!

Do you have something you are passionate about and think it would be helpful for others? Consider presenting in your region of the state, we would love to promote it and support you in this process. Did you know that PA APT can sponsor your presentation and provide CEs? Check out the [Professional Development](#) page on our website for more information.

Please let us know if you will be attending the APT Conference in Atlanta this October. We would like to plan a gathering for all PA APT members to network and share a meal sometime during the week.

Our next board meeting is scheduled virtually through Google Meet for September 8th at 7 pm. The link will be sent out the week before the meeting. Consider joining us and sharing your thoughts and ideas.

As fall approaches, I hope you all continue to take time to play. It is good for the soul! If you have any questions or wish to join the board at our next meeting, let me know. You can always email me at president@paapt.org. I look forward to hearing from you!

Janine

*"Enter into children's play and you will find the place where their minds, hearts, and souls meet."
- Virginia Axline*

What Does Being a PA APT Board Member Mean?

A Note from Your Newsletter Author:

As a new play therapist, my mentor, Jean Camberg, encouraged me to join PA APT. I was a new mom and only beginning my educational journey in play therapy. I lacked the experience of serving on a formal board and was concerned that I would not make any significant contributions. Not long after, I joined the board with my colleague and friend, Lindsey Strawbridge, now PA APT's Treasurer. In a field that can be isolating at times, we quickly discovered a welcoming and supportive community of like-minded professionals. Fellow board members became friends.

If you are new to play therapy or a veteran in our field, please consider joining the PA APT board or one of its many committees. Board members meet virtually at least three times a year and in person at the annual conference. Committee members share updates related to board finances, conference planning, educational offerings, social media, and membership. Currently, board members are also serving as solo committee members. As board members attend to local committee responsibilities, the work encouraged by the Association for Play Therapy is often delayed.

What is the PA APT Treasurer (and only one of two members of our finance committee 😊) doing this time of year?

- **Collecting W2s/1099s from conference/training speakers for tax preparation**
- **Filing PA APT taxes (fiscal year 7/1/2023-6/30/2024)**
- **Paying PA APT annual liability insurance (yes, we hold liability insurance as a board)**
- **Balancing PA APT checking account deposits and withdrawals**
- **Budgeting costs for PA APT's next annual conference in 2025!**

PA APT needs you! We want our organization to continue to strengthen and grow. As play therapists, we know how important this work is to our world. Without your support and involvement, our board will be challenged to rise to the expectations of our national organization and there will be fewer opportunities for mental health professionals to gain exposure to the therapeutic powers of play. Many hands make light work!

Best,

Jess Cosby



Introducing Elizabeth Cambell with Play Therapy Community and Consultation!

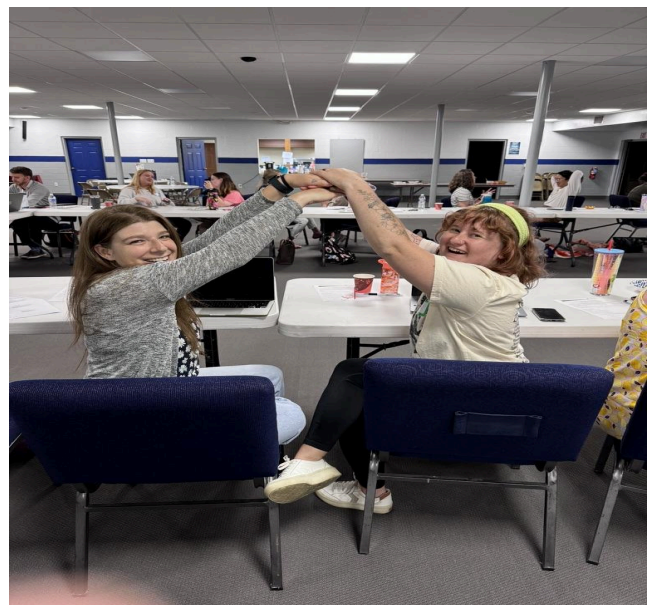


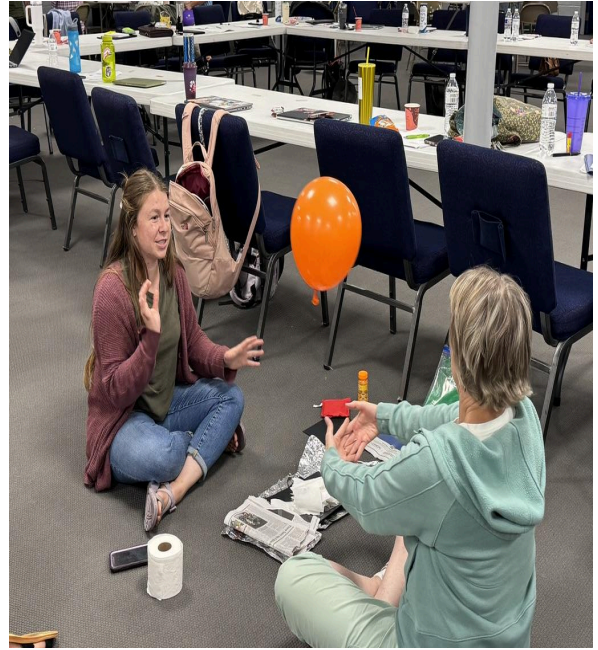
Elizabeth Campbell, LPC RPT-S hosts a free monthly remote meeting on the first Wednesday of each month at 1 pm EST. It is a forum for play therapists to connect, support one another, and consult about cases and challenges. Please reach out to Elizabeth with more information or to sign up.

<https://www.elizabethcampbellcounseling.com/play-therapy-community-and-consultation/>

What an Amazing Opportunity!!

See below for pictures from Karen Buckwalter's June Training titled "Attachment-Based Assessment & Intervention: Using Play to Strengthen Family Bonds!"





APT's Annual Conference Registration is CLOSED!

If you are interested in attending and would like to add your name to the waitlist, please follow this link.

<https://web.cvent.com/event/1db7bc22-0363-4adb-b6c8-9e5bf1c6c620/eventWaitlistPage:c67f1e8f-c031-4ed5-a5f6-0c4ac33e62d0?environment=P2>

***If you are attending this year's APT Conference in Atlanta, let us know! We would like to plan an evening to gather for dinner and play! Email president@paapt.org*

From your friendly newsletter author:

Hello, fellow PA APT members! If you have information to share in the newsletter, please email me at jesscosbycounseling@gmail.com. Share networking events, announcements, photos, and member spotlights before the 20th of the month preceding distribution. Our newsletter will now be published six times per year.

For more information on PAAPT visit:

<https://www.paapt.org/>

[PA-APT Facebook Group](#)

Would you like to be in the *Member Spotlight* or contribute to a future edition of the e-newsletter? Contact Jessica Cosby, Ph.D., LPC, RPT-S™, ACS at jesscosbycounseling@gmail.com.