



Pennsylvania Association for Play Therapy E-Newsletter

February 5, 2022

2022 PA-APT Annual Conference

Aggression in Play Therapy: A Neurobiological Approach

Lisa Dion, LPC, RPT-S

April 29-30, 2022

The Penn Stater Hotel & Conference Center, State College, PA



Find more information about the conference and register at the PA-APT website:
<https://www.paapt.org/blank-page-6>.

You can learn more about Synergetic Play Therapy at Lisa Dion's website: <https://lisa-dion.com/> and the Synergetic Play Therapy Institute's website: <https://synergeticplaytherapy.com/>

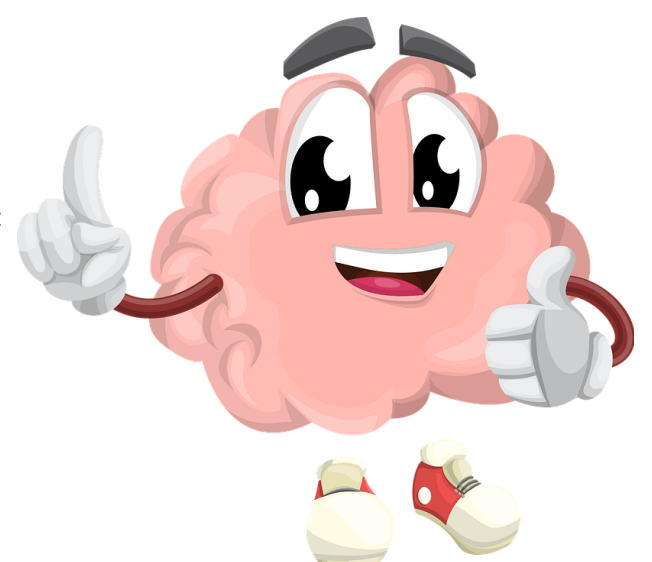
What is Synergetic Play Therapy?

A handout that explains Synergetic Play Therapy and its influences is available:
<http://synergeticplaytherapy.com/wp-content/uploads/2019/01/SPT-Primary-Influences.pdf>

Within the handout, Lisa Dion explains Synergetic Play Therapy: “the essence of Synergetic Play Therapy is a set of guiding principles that influence how to be in relationship with self and other allowing for transformation and integration. For this reason, its philosophy can be applied to other play therapy models and other models of play therapy can also be applied to it.”

Members can also read background and evidence base for Synergetic Play Therapy in the International Journal of Play Therapy:

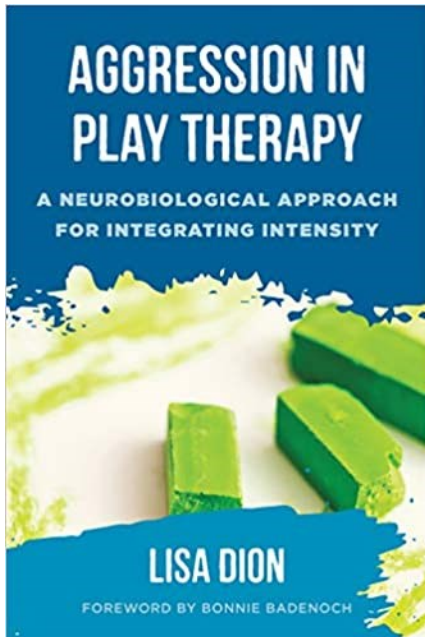
Dion, L., & Gray, K. (2014). Impact of therapist authentic expression on emotional tolerance in synergetic play therapy. *International Journal of Play Therapy*, 23(1), 55–67. <https://doi.org/10.1037/a0035495>



Resources for Aggression in Play Therapy

Books:

Dion, L. (2018). *Aggression in Play Therapy: A Neurobiological Approach for Integrating Intensity*. W.W. Norton & Company.



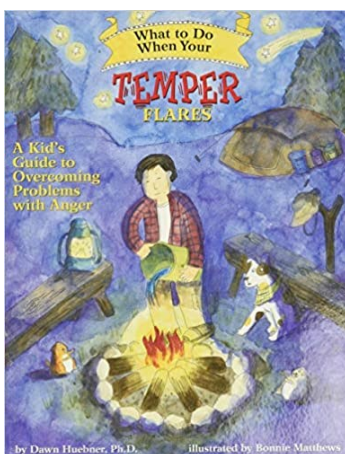
Articles from the International Journal of Play Therapy:

Dillman Taylor, D., Meany-Walen, K. K., Nelson, K. M., & Gungor, A. (2019). Investigating group Adlerian play therapy for children with disruptive behaviors: A single-case research design. *International Journal of Play Therapy*, 28(3), 168–182. <https://doi.org/10.1037/pla0000094>

Prout, T. A., Bernstein, M., Gaines, E., Aizin, S., Sessler, D., Racine, E., Spigelman, A., Rice, T. R., & Hoffman, L. (2020). Regulation focused psychotherapy for children in clinical practice: Case vignettes from psychotherapy outcome studies. *International Journal of Play Therapy*, 29(1), 43–53. <https://doi.org/10.1037/pla0000111>

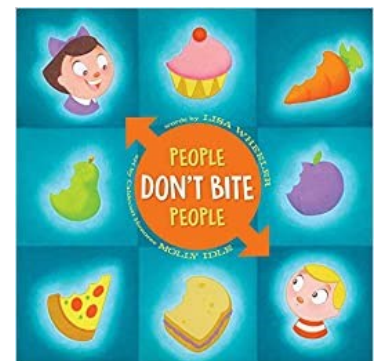
Stutey, D. M., Dunn, M., Shelnut, J., & Ryan, J. B. (2017). Impact of Adlerian play therapy on externalizing behaviors of at-risk preschoolers. *International Journal of Play Therapy*, 26(4), 196–206. <https://doi.org/10.1037/pla0000055>

Bibliotherapy Resources:

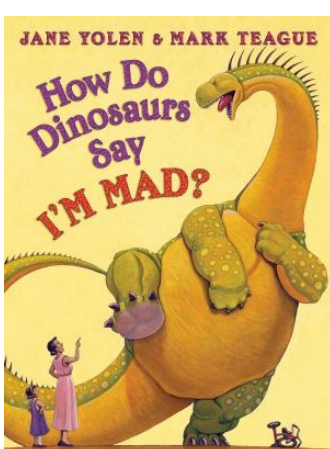


What to do When Your Temper Flares: A Kid's Guide to Overcoming Problems with Anger
By Dawn Huebner

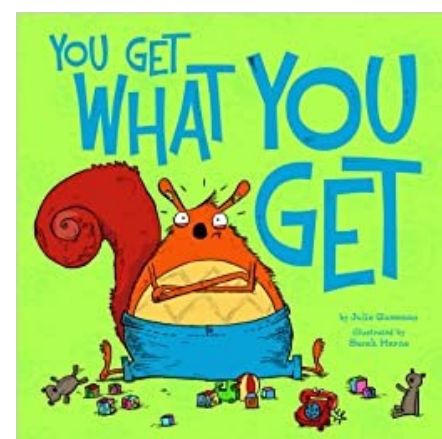
People Don't Bite People
By Lisa Wheeler



How Do Dinosaurs Say I'm Mad?
By Jane Yolen



You Get What You Get
By Julie Gassman



For more information, visit:

<https://www.paapt.org/>

[PA-APT Facebook Group.](#)

Want to contribute to a future edition of the e-newsletter?

Contact Courtney Alvarez at cmalvarez@carlow.edu.