



E-NEWSLETTER

May 3, 2023

May is Mental Health Awareness Month

May 7th is National Children's Mental Health Awareness Day. Dedicating a special day in May seeks to raise awareness about the importance of children's mental health and show that positive mental health is essential to a child's healthy development (apa.org).



The National Child Traumatic Stress Network (NCTSN) has compiled a list of helpful resources for parents and caregivers, children, mental health providers, child welfare and juvenile justice professionals, healthcare providers, educators and school staff, military families, and policy makers. It is available at

<https://www.nctsn.org/resources/childrens-mental-health-awareness-external-resources>.

**A special thanks to Karen Buckwalter, LCSW, RPT-S
and to all who attended our 2023 conference!**

Save the Date!

**Jeff Ashby, Ph.D., ABPP, RPT-S will be presenting at the
2024 PA APT conference at the Penn Stater
April 26-27**

Congratulations to our 2023 award winners!



Guerney Award

Laurie Schein, RPT, LCSW, MFT

Laurie owns New Journey Family Center, LLC in Manheim, PA. She has specialized training in EMDR, Dyadic Developmental Psychotherapy, Theraplay, Family Play Therapy, and Synergetic Play Therapy. Laurie has been a presenter for PA APT and will be offering future in person training.

Camberg Conference Scholarship

Kaylee Buziewicz

Kaylee is a graduate student in the Clinical Rehabilitation and Clinical Mental Health Counseling program at Penn West University, Edinboro. She currently works as a counselor advocate at the Crime Victim Center of Erie County and uses therapeutic play activities with vulnerable child clients.



Welcome! New members to the PA APT Board of Directors:

Laurie Schein, LCSW, MAMFT, RPT, Vice President

Autumn Hanrahan, LPC, RPT, MT-BC, Secretary

Sade Graves, LCSW, Publication Committee

TOGETHER WE CAN PROMOTE PLAY THERAPY

IF YOU WOULD LIKE TO JOIN ONE OF OUR COMMITTEES, PLEASE CONTACT ANY OF OUR BOARD MEMBERS.

WE NEED YOU!

Publications, Membership, Programs/Education, Conference Planning, and Finances

UPCOMING Live Webinars!!!

Play Therapy Trainings via Live Webinars – 2023

Child-Centered Play Therapy

April 14-15, June 9-10 & September 8-9, 2023 with William Nordling, PhD, RPT-S

Filial Family Therapy

November 3-4, 2023 with William Nordling, PhD, RPT-S

Advanced Child-Centered Play Therapy

November 11, 2023 with Robert Scuka, PhD, MSW, Certified CCPT-S and Trainer

For Information and Registration, Please Visit

www.nire.org

“Play turns out to be so stunningly essential to childhood; it’s like love, sunshine, and broccoli all juiced together.” — Lenore Skenazy

For more information visit:

<https://www.paapt.org/>

[PA-APT Facebook Group](#)

Would you like to be in the *Member Spotlight* or contribute to a future edition of the e-newsletter?

Contact Jessica Cosby, Ph.D., LPC, RPT-S, ACS at jesscosbycounseling@gmail.com.